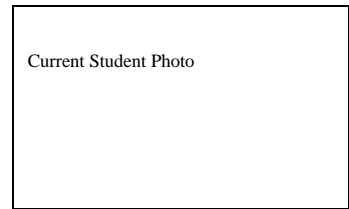


**ELKHORN AREA SCHOOL DISTRICT
EMERGENCY HEALTH CARE PLAN**

_____ School year

Current Student Photo



ALLERGIC TO: _____

Student Name: _____ Birthdate: _____

Grade: _____ School: _____

Last Reaction: _____ Symptoms Seen: _____

Asthmatic Yes No *High risk for severe reaction

SIGNS OF AN ALLERGIC REACTION INCLUDE:

<u>Systems:</u>	<u>Symptoms:</u>	(The severity of symptoms can quickly change.)
MOUTH	itching & swelling of the lips, tongue, or mouth	
THROAT*	itching and/or a sense of tightness in the throat, hoarseness, and hacking cough	
SKIN	hives, itchy rash, and/or swelling about the face or extremities	
GUT	nausea, abdominal cramps, vomiting, and/or diarrhea	
LUNG*	shortness of breath, repetitive coughing, and/or wheezing	
HEART*	“thready” pulse, “passing out”	

***all the above symptoms can potentially progress to a life-threatening situation!**

ACTION:

- If _____ is suspected, give prescribed EPIPEN _____
Medication/dose/route
and _____ Immediately!
Additional medication/dose/route

Note: (Epipen and Benadryl are kept in the Nurses office). If stung, apply ice to area of bite.

- Call 911, administer CPR or rescue breathing as necessary.
- Call Parents

Physician Name: _____ Phone: _____

Physician Signature: _____ Date: _____
(no stamp)

Parent/Guardian Signature: _____ Date: _____
 Student is capable to self-administer

EMERGENCY CONTACTS	TRAINED STAFF MEMBERS
1. _____ Relation: _____ Phone: _____	1. _____ Room _____
2. _____ Relation: _____ Phone: _____	2. _____ Room _____
3. _____ Relation: _____ Phone: _____	3. _____ Room _____

Staff: Remember to give copy of form to EMT's and record observations and action taken in student file.

ELKHORN AREA SCHOOL DISTRICT

EPIPEN (EPIPEN, JR.) ADMINISTRATION PROCEDURE

1. Note signs/symptoms of allergic reaction.
2. If stung by insect, remove insect stinger, if possible.
3. Call 911
4. Remove EpiPen Auto-injector from Yellow Protective Tube.
5. Pull out gray safety cap.
NOTE: **DO NOT** remove safety cap until ready to use.
6. Place black tip on outer thigh, at right angle to leg. (Through clothing, if necessary).
NOTE: Always apply to thigh.
7. Press hand into thigh until Auto-injector mechanism functions, and hold in place for several seconds.



8. Remove EpiPen unit and **MASSAGE INJECTION SITE FOR 10 SECONDS.**
9. Give additional medication if ordered.
10. Apply wrapped ice over area of bite.
11. Await arrival of EMS team. Complete and copy Emergency Health Care Plan for known severe allergic reactions. Give one copy to EMS and one to School District Nurse.
12. Monitor for possible adverse reactions: Palpitations, rapid pulse, sweating, nausea and vomiting, respiratory difficulty, paleness, dizziness, weakness, tremor, headaches, anxiety or cardiac arrhythmias.
13. Dispose of EpiPen Unit in Red Sharps container.
14. Encourage family to re-supply EpiPen.

WARNING: Accidental injection into the hands or feet may result in loss of blood flow to the affected area and should be avoided. If there is an accidental injection into these areas, go immediately to the nearest emergency room for treatment.

NOTE: Protect EpiPen from exposure to light and extreme heat.
Note expiration date on the unit and have family replace prior to expiration.
Notify family to replace if solution is discolored or contains a precipitate. (The physician may recommend emergency use even with discolored contents rather than to postpone treatment).

Suggestions for Avoidance of Insect Stings Outdoors:

Food attracts insects. Keep food in covered containers, keep garbage containers covered and void opening garbage receptacles.

Personal: Avoid perfumes, hair spray, hair tonics, suntan lotions, and other cosmetics. Avoid wearing brightly colored clothing, flowery prints, or black, as this attracts insects more than white, green, tan or khaki. Wear shoes at all times when out of doors. If possible, keep arms and legs covered by garments.

Reference: Patient Insert EpiPen Epinephrine Auto-injector
Meridian Medical Technology, Inc. Columbia, MD 21046



Yellow Jacket



Bee



Hornet



Wasp